

RI Magic Fall 2025 Coaches Clinic

Introduction (5 minutes)

- All Coaches
 - Name, team coaching, brief coaching experience and any additional coaching you do now

Objectives

1. Run practices that are challenging and simulate game situations. We want to teach the kids how to play, not memorizing plays.
2. Emphasize our focus on holding players accountable to what they can control; their effort, attitude and shot selection.

Running a Good Practice (Dean and JT)

- Practicing what you do in a game
 - Ex. Coaches spend 30-40 minutes of practice time over the first few practices learning a play that they barely or never run in a game.
- Competition and small sided games
- Practice End of Game Situations

Man to Man Defense (Eric)

- Shell Drill every practice
 - Packline defense

Sequence of Learning and Foundation of Skills (Jack)

- Closeout Drill
 - Short/Choppy Steps
 - Feet to feet to eliminate straight line drives
 - Close out on hand of shooter
 - Eyes below their eyes so you are in a low, defensive stance

Warm-Up (Sean)

Drill that gets players ready for games that all teams should be doing

- Have a set warmup for your team

Subbing/Decision-Making Drills (Henry)

- We have a substitution chart to help you with rotations if you have 10 or 11
 - <https://www.rhodeislandmagic.com/playing-time>
- Decision-making drill in the half court

General Philosophy (Dave)

- **General**
 - a. Practice
 - Use all of the practice time!
 - Have a practice schedule with details in regards to time, drills and outcomes
 - You can send practice schedules to me to review if you like.
 - If you want to talk to kids, do it before or after practice. I wouldn't take 5-10 minutes of your practice time to review the previous tournament.
 - b. Games